

Support Groups in Denver Area

## **DBSA Boulder Chapter**

### **Boulder**

**Email:** [boulderdbsa@gmail.com](mailto:boulderdbsa@gmail.com)

### **Contact:**

Information Line

(720) 443-2849

This chapter offers both in-person and online support groups.

### **In-person:**

Boulder Support Group

Broomfield Support Group

### **Online:**

This chapter offers online support groups to peers in the area on 1st, 3rd, and 5th Sundays of the month

### **Cultural & Identity:**

This Chapter also offers cultural & identity focused support groups.

More information is available on the individual listings

Please visit their website for more information on meeting dates, times, locations, and registration.

**Visit Website**

## **Family & Friends Support Group**

**DBSA Boulder Chapter**

**Email:** [boulderdbsa@gmail.com](mailto:boulderdbsa@gmail.com)

### **Contact:**

Information Line

(720) 443-2849

This group is online and open to peers in the area.

1st Sunday of the month at 6:00 p.m. to 7:30 p.m.

This is a support group of the DBSA Boulder Chapter. Please visit their website for more information.

**Visit Website**

## **DBSA Colorado Springs Chapter**

### **Colorado Springs**

**Email:** [help@dbsacoloradosprings.org](mailto:help@dbsacoloradosprings.org)

This chapter offers both in-person and online support groups.

#### **In-person:**

Colorado Springs Wellness Groups

Veterans Support Group

Senior Support Group

Young Adult Support Group

Family and Friends Support Group

Women's Support Group

#### **Online:**

This chapter offers online support groups to peers in the area on Fridays and for LGBTQIA+ on Sundays

#### **Cultural & Identity:**

This Chapter also offers cultural & identity focused support groups.

More information is available on the individual listings

Please visit their website for more information on meeting dates, times, locations, and registration.

**Visit Website**

## **Family & Friends Support Group**

**DBSA Colorado Springs Chapter**

**Email:** [help@dbsacoloradosprings.org](mailto:help@dbsacoloradosprings.org)

**Contact:**

Pam King

(719) 477-1515

This group is in-person and open to peers in the area.

Tuesdays at 7:00 p.m.

This is a support group of the DBSA Colorado Springs Chapter. Please visit their website for more information.

**Visit Website**

## **Young Adults Support Group**

**DBSA Colorado Springs Chapter**

**Email:** [help@dbsacoloradosprings.org](mailto:help@dbsacoloradosprings.org)

**Contact:**

Saverio Greto

(719) 477-1515

This group is in-person and open to peers in the area.

Tuesdays at 7:00 p.m.

This is a support group of the DBSA Colorado Springs Chapter. Please visit their website for more information.

**Visit Website**

## **Women's Support Group**

**DBSA Colorado Springs Chapter**

**Email:** [help@dbsacoloradosprings.org](mailto:help@dbsacoloradosprings.org)

**Contact:**

Riss Valdez

(719) 477-1515

This group is in-person and open to peers in the area.

Tuesdays at 11:30 a.m.

This is a support group of the DBSA Colorado Springs Chapter. Please visit their website for more information.

**Visit Website**

## **Senior Support Group**

**DBSA Colorado Springs Chapter**

**Email:** [help@dbsacoloradosprings.org](mailto:help@dbsacoloradosprings.org)

**Contact:**

Karen Fallahi

(719) 477-1515

This group is in-person and open to peers in the area.

Wednesdays at 12:30 p.m.

This is a support group of the DBSA Colorado Springs Chapter. Please visit their website for more information.

**Visit Website**

## **LGBTQIA+ Support Group**

**Online - a support group of DBSA Colorado Springs**

**Email:** [help@dbsacoloradosprings.org](mailto:help@dbsacoloradosprings.org)

**Contact:**

Holland Stevenson

(719) 477-1515

This group is online and open to peers nationwide.

Sundays at 4:00 p.m. MT.

This is a support group of the DBSA Colorado Springs Chapter. Please visit their website for more information.

**Visit Website**

## **Veteran's Support Group**

**DBSA Colorado Springs Chapter**

**Email: [help@dbsacoloradosprings.org](mailto:help@dbsacoloradosprings.org)**

This group is in-person and open to peers in the area.

Tuesday at 7:00 p.m.

This is a support group of the DBSA Colorado Springs Chapter. Please visit their website for more information.

**Visit Website**

## **Dual Diagnosis**

**DBSA Colorado Springs Chapter**

**Email: [help@dbsacoloradosprings.org](mailto:help@dbsacoloradosprings.org)**

This group is in-person and open to peers in the area.

Monday at 6:00 p.m. to 9:00 p.m.

This is a support group of the DBSA Colorado Springs Chapter. Please visit their website for more information.

**Visit Website**

## **DBSA Denver Chapter**

## **Denver**

**Email:** [dbsa.denver2@gmail.com](mailto:dbsa.denver2@gmail.com)

### **Contact:**

Donna

(303) 656-5492

This group offers only online support.

### **Cultural & Identity:**

This Chapter offers cultural & identity focused support groups.

More information is available on the individual listings

Please visit their website for more information on meeting dates, times, locations, and registration.

**Visit Website**

## **Faith-Based Support Group**

**DBSA Denver Chapter**

**Email:** [dbsa.denver2@gmail.com](mailto:dbsa.denver2@gmail.com)

This group is online and open to peers in the area.

1st and 3rd Monday of the month at 7:00 p.m.

This is a support group of the DBSA Denver Chapter. Please visit their website for more information.

**Visit Website**

## **DBSA Longspeak**

**Longmont**

**Email:** [DBSALongspeak@gmail.com](mailto:DBSALongspeak@gmail.com)

### **Contact 1:**

Laurie

(303) 810-9629

**Contact 2:**

Jodi

(510) 610-2662

This group is online and open to peers in the area.

**Online:**

This chapter offers online support groups to peers in the area on Wednesdays.

Please visit their website for more information on meeting dates, times, locations, and registration.

**Visit Website**